

# *Lincoln Golden Ages*

*July-August 2025*

*Newsletter*

Wowzer! May and June just flew by! Let's catch up. We had our Flower & Craft show, we hope everyone had a chance to attend. We had 2 vans full of shoppers that went on the Secondhand shopping spree, and we made it to the Recycled Rockettes at Hartland Senior Center after a glitch or two, but we made it in time, and it was fun as always. If you missed any of the activities, never fear we will have more things for us to do soon, just keep checking at the desk for the sign-up sheets.



July 4<sup>th</sup> Independence Day

July 11<sup>th</sup> – Picnic Party -11am-2:00pm

July 14<sup>th</sup> – Randazzle - Fruit & Veggie Market 12:00

July 15<sup>th</sup> -Presentation: History of the School District- By David Northrup 11:15-12:15

July 15<sup>th</sup> – Seminar: Monthly finance while living on a Fixed Budget 12:30-2:00pm

July 22<sup>nd</sup> – Lunch Bunch Group (everyone is welcome) -going to L Georges 1:00pm

August 14<sup>th</sup> – Treats & Bingo with Educate Seminar 12:30-2:00pm

August 18<sup>th</sup>- Block's Farm Stand 12:00pm

August 25<sup>th</sup> - first day of school

August 28<sup>th</sup> – Senior Expo at the State Fair

August 25<sup>th</sup> – Lunch Bunch Group TBD

August 29<sup>th</sup> - Sept 1<sup>st</sup>- Labor Day Break for school

Some of our instructors are on vacation for some “me time” through the summer list below:

Chair Yoga with Tammy – will resume in September

AFEP with Virginia (Tuesdays)- Jackie S, will substitute until Virginia gets back.

AFEP with Bev (Thursdays)- Jackie S is kind enough to cover as well.

Cardio Drumming with Colleen will resume in September.

**We do ask that if you have a cough, cold or just do not feel well to wear a mask when you come to the center or stay home till you are symptom free.**

### Anita's Chat Corner:

I would like to thank everyone for the baked goods you provided for our May Flower & Craft Show. I would also like to thank Nolene for the crocheted jar openers she made for us to sell (all proceeds went/go to our center), all the workers, and behind the scenes' crew. We cannot do these fundraisers without you. Summer is here and some of our regular class instructors are taking some well-deserved "me time" off. We do have a couple of classes that will continue with substitute instructors. Thank you, Jackie S, for stepping in to do our Tuesday & Thursday AFEP class while Virginia & Bev are taking their "me time."

I would like to remind the **Fundraiser Committee Members** that it is **very important** to attend the **September meeting**, please watch the calendar.

### Denise's Chat:

We are planning lots of fun craft projects for the summer. My mom (Denise's) is coming soon and has some great craft ideas she wants to share with everyone.

On August 23<sup>rd</sup>, the "Quilting Season" is having their annual crafting/quilting sale from 9:00am-3:00pm, if you would like to donate craft/quilting items, they are taking items August 1<sup>st</sup> -22<sup>nd</sup>.

**We are so excited and happy to be able to bring lunch to you on Wednesdays, Thursdays, and Fridays there will be a donation of \$3.00 - \$5.50. Starting July 23<sup>rd</sup>, it will be catered by JFS brought to us by Washtenaw County Senior Cafés. We will be serving from 12:00-1:00. We will be posting the menu at the front desk area and on the slide show. We would like feed back on what you like or dislike with the program. We will be able to increase the days/number of meals depending on interest.**

### Welcome new members:

Linda G.	Dorothy G.	Debbie H.
Deb T.	Angela M.	Jane W.

# BIRTHDAY CELEBRATION TIME !



PLEASE CHECK THE BIRTHDAY CELEBRATION DATE ON THE CALENDAR  
-IT is **NO LONGER** the LAST WEDNESDAY OF THE MONTH.

it's now every 3<sup>rd</sup> Wednesday

JULY 2025		AUGUST 2025	
Denise Ferber	1 <sup>st</sup>	George Strohsehein	1 <sup>st</sup>
Lisa Mayes	5 <sup>th</sup>	Mary Moore	2 <sup>nd</sup>
CJ Ganger	14 <sup>th</sup>	Karen Overhauser	3 <sup>rd</sup>
Charles Luscomb	14 <sup>th</sup>	Bob Ford	11 <sup>th</sup>
Kenneth Harrison	16 <sup>th</sup>	Patricia Balasco-Barr	20 <sup>th</sup>
Darlene Capelle	26 <sup>th</sup>	Margaret Richon	24 <sup>th</sup>
Linda Griffin	28 <sup>th</sup>	Barbara Pesta	28 <sup>th</sup>
Tammy Aide	31 <sup>st</sup>	Larry Holton	30 <sup>th</sup>
Lisa DeMarco	31 <sup>st</sup>	Dave Raymond	30 <sup>th</sup>

## BIRTHDAY WEDNESDAY

### • COME CELEBRATE

We will have:  
**CAKE & ICE CREAM**  
**ON**  
**JULY 16<sup>th</sup>**  
**and**  
**AUGUST 20<sup>th</sup>**



May



June

## **Reminders:**

- 1. Check the front table area for any sign-up sheets for activities, trips, etc.**
- 2. Please use our “suggestion box to give us input on anything you would like to see if we can implement or change.**
- 3. We have walkers and wheelchairs available for anyone in need.**
- 4. If you have any ideas for day trips, we would love to hear them. Please place it in the suggestion box and our Trip committee will check out the details for us. We are looking for any members who would like to join our Trip Committee.**
- 5. We have members who have allergies and breathing problems, so we are asking our members not to wear heavy perfume or cologne to the center.**
- 6. We are asking all members to wear masks if you are not feeling well or to stay home until you feel better.**

## **Party Committee:**

**The party committee is asking members if they have any new party theme ideas or repeat parties they would like to do again. Any party games suggestions as well. Please write them down and put them in the suggestion box for the party committee to go over & see if it's possible for them to put it together.**

## **Trip Committee:**

**The trip committee also welcomes any ideas/suggestions, just place them in the suggestion box and our Trip Committee will investigate to see if it is possible for them to implement. We are still looking for interested members to join the committee.**

**Please remember when you sign up for any PARTIES and TRIPS you need to pay at the time of sign-up. There is also a time limit on which the sign-up sheet will be taken down so be sure to sign up promptly & pay at the time of signing up. Thank you .**

# 4<sup>th</sup> OF JULY FIREWORKS

## WORD SEARCH PUZZLE

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.  
Find and circle each word.



R W G N A B S O P R O G R A M  
M F L A R E S P K E U L B D C  
K M S Y A Y R R I Z D C E H R  
L O W T F R A E R N S R T C O  
B O Q E E D E T M Q D H S T W  
L B O F J K V T E M U V M A D  
A I D A C S T W T K I K N W S  
S H P S R S H Y J I C H V C D  
T N D O R I K P K F L O S P N  
X R L U T I J Y A M I G R G U  
L O B E D D L J B R U Z U M O  
C F U S Q V L I G H T S Z H S  
Y A L P S I D U O C C Y I Z X  
B Y S E C I L B U P E B W C O  
S R E L K R A P S F N B V R E



BANG

BLAST

BLUE

BOOM

BURST

COLORS

CROWDS

DARK

DISPLAY

FIZZ

FLARES

GLITTER

KIDS

LIGHT

MUSIC

PARTY

PROGRAM

PUBLIC

RED

ROCKET

SAFETY

SHIMMER

SKY

SOUND

SPARKLERS

SPIN

WATCH

WHITE



It's time to uncover some summertime words in this word search! Imagine diving into a jumble of letters that captures the spirit of the season. Can you find all the hidden words related to August? Words may lurk in any direction—forward, backward, up, down, or diagonally. When you spot a word, circle it and check it off the list.

# August

## Word Search



AUGUST  
BBQ  
BEACH  
BOATING  
CAMPFIRE  
CAMPING  
FISHING  
FLIP-FLOPS  
FOREST  
HEAT  
HIKING  
ICE CREAM  
LEMONADE  
OCEAN  
PICNIC  
RELAXATION  
ROAD TRIP  
SAND  
SEASHELLS  
SUMMER  
SUN  
SUNGLASSES

R	G	K	M	R	E	L	A	X	A	T	I	O	N	B	K	T	R
E	L	X	R	B	J	T	N	O	I	T	A	C	A	V	D	Q	G
N	K	B	T	N	O	G	V	H	S	L	L	E	H	S	A	E	S
I	G	H	S	L	X	A	Q	R	V	D	F	H	I	K	I	N	G
H	S	N	E	T	H	B	T	G	N	I	N	N	A	T	N	O	M
S	U	L	R	Y	B	W	J	I	T	N	D	D	G	G	B	L	C
N	N	E	O	P	H	S	J	Y	N	C	I	N	C	I	P	E	A
U	G	M	F	X	I	R	P	Z	I	G	M	A	N	S	N	M	M
S	L	O	Q	Y	T	R	S	O	C	C	C	S	U	L	C	R	P
E	A	N	G	R	W	R	T	U	L	C	E	R	W	A	Z	E	F
F	S	A	M	D	E	J	S	D	N	F	F	C	M	L	P	T	I
I	S	D	M	M	T	H	U	P	A	I	P	P	R	Y	G	A	R
L	E	E	M	I	T	F	G	X	N	O	I	I	P	E	M	W	E
D	S	U	W	O	W	G	U	G	G	N	R	K	L	D	A	R	Q
L	S	J	C	P	D	S	A	K	G	J	R	C	M	F	N	M	T
I	X	E	F	G	K	P	L	Q	N	B	E	A	C	H	L	A	V
W	A	D	N	H	H	G	N	I	H	S	I	F	L	F	E	V	J
N	L	N	L	E	V	A	R	T	N	R	Y	T	B	H	K	Q	R



SUNSHINE

SURFING

SWIM

TANNING



TRAVEL

VACATION

WATERMELON

WILDLIFE

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**Please check out the ACTIVITIES on the “CALENDAR” for time and dates.  
(the times and dates can change week to week and may vary during the  
upcoming months)**

- 1. Quilting & Sewing – Mondays**
- 2. Crafts with Jean & Denise- Mondays**
- 3. Cardio-Drumming- Tuesdays**
- 4. Arthritis Foundation Exercise Program (AFEP) -Tuesdays w/ Jackie**
- 5. Golden Girls Crocheting-Tuesdays**
- 6. Card Games- Tuesdays**
- 7. Chair Yoga with Tammy-Wednesday NO YOGA DURING THE SUMMER**
- 8. BINGO-Wednesdays**
- 9. BUNCO-Wednesdays**
- 10. Birthday Celebration- Wednesday -check the calendar date is variable**
- 11. Arthritis Foundation Exercise Program (AFEP)- Thursday w/ Jackie**
- 12. Euchre- Thursdays**
- 13. Book Club - 3rd Thursday of the Month**
- 14. Deluxe BUNCO-Fridays w/ Gloria**
- 15. Red Hat Ladies- 1<sup>st</sup> Friday of the month**
- 16. Shut the Box game – Fridays**
- 17. \*\*CHIMES\*\* practice – Fridays – CANCELLED DURING the SUMMER.**



**We thought it might be fun for everyone to wear Red/white & blue on Fridays during July but not mandatory 🤔 just a little something fun to do...and August Fridays Hawaiian shirt...**

- 1. Riddle: What can be swallowed, but can also swallow you?**
- 2. Riddle: What has a head, a tail, is brown, and has no legs?**
- 3. Riddle: What song can everyone in the world sing?**

**ANSWERS found on pg. 10**

How to get the newsletter online instructions:

We have multiple issues when we send the newsletter out via email. So, we encourage you to go to our site in the Lincoln Consolidated Schools. Here's how to do that:

1. Go to [www.lincolnk12.org](http://www.lincolnk12.org) when you are on the page, go to step 2.
2. At the top right-hand side of the page, you will see this box  just click on the box  and it will take our site.
3. Once you are on the Lincoln Golden Ages page as you scroll down reading you will see this: “ All of our activities are in the Newsletter and in our calendar here.” When you see this word, “Newsletter” just click onto the typed word– it will open the newsletter for you to read.
4. If you continue to scroll you will see the calendar without going into the Newsletter.

Hope this is helpful. If you need any more help - someone at the Senior Center can show you on the center's computer.

Remember to check out: Lincoln Golden Ages Facebook page and follow us



Sneak Peek of the New Senior Café Lunch Menu that's starting July 23<sup>rd</sup> Wednesday

23 <sup>rd</sup>	24 <sup>th</sup>	25 <sup>th</sup>
Dijon Salmon Seasoned Black Beans Whole Wheat Bread Side Salad Peaches Low Fat Milk Margarine/ FF Italian dressing	Chicken Salad Sandwich Broccoli florets Creamy coleslaw Grapes Low Fat Milk Margarine	Quinoa corn cake with sauce Wheat Bread Mixed Veggies Tropical Fruit Blend Low Fat Milk Margarine





**This was a great BINGO crowd!!**

**Front and Center is our BINGO caller, Cliff. We would like to acknowledge Cliff this month for all that he does for the center.**

**THANK YOU, CLIFFIE !**

**FYI:**

**The Newsletter will be changing in October 2025. We are excited, it will be coming out monthly instead of Bi-Monthly. We hope to have a sampling of the changes in the September newsletter.**



**We would like to send out thought, prayers & encouragement to Nolene G in this difficult time for her.**

## **Lincoln Golden Ages Seniors Staff**

**Director: Vacancy**

**Coordinator #1 : Anita Vivian**

**Coordinator#2: Denise Case**

**Chairperson: Bettie Talbert**

**Co-Chair: Maria Dewalt**

**Secretary: Mary Jane Instance**

**Treasurer: Mary Ford**

**Trustee: Denise Case**

**Alternate Board Members: Julie Davis, Laura Kidder, Donna Raymond**

**Newsletter Editor: Donna Raymond**

**Fundraiser Committee: Anita Vivian, Jean Bogue, Denise Case, Julie Davis, Mary Jane Instance, Laura Kidder, Polly Polzin, Donna Raymond, Bettie Talbert, Jennifer Thomas**

**Party Committee: Mary Jane Instance, Becky Courvoisier, Maria Dewalt, Laura Kidder, Anita Vivian, Mary Zitnik**

**Sunshine Committee: Noelene Green**

**Trip Committee: Bettie Talbert**

**NEWSLETTER SPONSORED BY:**

**The Lincoln Board of Education**

**Lincoln Golden Ages Seniors Program**

**8970 Whittaker Rd, Suite 100**

**Ypsilanti, MI 48197**

**Established in 1984**

**Office : 734-218-4253**

**Email: [LincolnGoldenAges@lincolnk12.org](mailto:LincolnGoldenAges@lincolnk12.org)**

**Please note: the driveway for the LGAS center is off Willis Rd.**

**Riddle answers 1.Pride, 2. Penny, 3. Happy Birthday**

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>AFEP</b> 10:30-11:15 Golden Girls Crocheting 11:30-2:00 Card Games 12:00-2:00	<b>2</b> <b>Party</b> <b>Committee Mtg</b> 10:00-11:00 <b>BINGO</b> 11:00-12:00 <b>BUNCO</b> 12:00-2:00	<b>3</b> <b>AFEP</b> 10:30-11:00 <b>Euchre</b> 12:00-2:00	<b>4</b> <b>Closed</b> <b>4<sup>th</sup> of July</b> 
<b>7</b> <b>Quilting &amp; Sewing</b> 9:00-2:00 <b>Crafts</b> <b>Wrapped Flowerpot</b> 10:00-12:00	<b>8</b> <b>AFEP</b> 10:30-11:15 Golden Girls Crocheting 11:30-2:00 <b>Advisory Board Mtg</b> 11:30-12:15 <b>Card Games</b> 12:15-2:00	<b>9</b> <b>BINGO</b> 11:00-12:00 <b>BUNCO</b> 12:00-2:00	<b>10</b> <b>No Activities</b> <b>(party setup)</b>	<b>11</b> <b>Summer Picnic Party</b> 11:00-2:00 
<b>14</b> <b>Quilting &amp; Sewing</b> 9:00-2:00 <b>Crafts</b> <b>Scissor Holder</b> 10:00-12:00 <b>Randazzlo's Trip</b> <b>Leaving @ 12:00</b>	<b>15</b> <b>AFEP</b> 10:30-11:15 <b>GG Crocheting</b> 11:30-2:00 <b>History School District Presentation</b> 11:15-12:15 <b>Fixed budget Seminar</b> 12:30-2:00	<b>16</b> <b>BINGO</b> 11:00-12:00 <b>Birthday Wednesday</b> 12:00-12:30 <b>BUNCO</b> 12:00-2:00	<b>17</b> <b>Red Hat's</b> <b>Leaving @10:00</b> <b>Matthaei Gardens then Lunch at Applebee's</b> <b>AFEP</b> 10:30-11:00 <b>Euchre</b> 12:00-2:00	<b>18</b> <b>Shut the Box Game</b> 10:30-11:30 <b>Deluxe Bunco</b> 12:00-2:00
<b>21</b> <b>Quilting &amp; Sewing</b> 9:00-2:00 <b>Crafts</b> <b>Ladybug Magnets</b> 10:00-12:00	<b>22</b> <b>AFEP</b> 10:30-11:15 Golden Girls Crocheting 11:30-12:30 <b>Lunch Bunch at L George's</b> <b>NO Card Games</b>	<b>23</b> <b>BINGO</b> 11:00-12:00 <b>Senior Café</b> 12:00-1:00 <b>BUNCO</b> 12:00-2:00	<b>24</b> <b>AFEP</b> 10:30-11:00 <b>Senior Café</b> 12:00-1:00 <b>Euchre</b> 12:00-2:00	<b>25</b> <b>Shut the Box Game</b> 10:30-11:30 <b>Senior Café</b> 12:00-1:00 <b>Deluxe Bunco</b> 12:00-2:00
<b>28</b> <b>Quilting &amp; Sewing</b> 9:00-2:00 <b>Crafts</b> <b>Yarn Bowl</b> 10:00-12:00	<b>29</b> <b>AFEP</b> 10:30-11:15 Golden Girls Crocheting 11:30-2:00 <b>Card Games</b> 12:00-2:00	<b>30</b> <b>BINGO</b> 11:00-12:00 <b>Senior Café</b> 12:00-1:00 <b>BUNCO</b> 12:00-2:00	<b>31</b> <b>AFEP</b> 10:30-11:00 <b>Senior Café</b> 12:00-1:00 <b>Euchre</b> 12:00-2:00	

Monday	Tuesday	Wednesday	Thursday	Friday
				
				<b>1</b> Red Hat Mtg 12:00-2:00 Bring your nickels for LRC Senior Café 12:00-1:00
<b>4</b> Quilting & Sewing 9:00-2:00 Crafts Reversible Placemat 10:00-12:00	<b>5</b> AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00	<b>6</b> BINGO 11:00-12:00 Senior Café 12:00-1:00 BUNCO 12:00-2:00	<b>7</b> AFEP 10:30-11:15 Senior Café 12:00-1:00 Euchre 12:00-2:00	<b>8</b> Shut the Box Game 10:30-11:30 Senior Café 12:00-1:00 Deluxe Bunco 12:00-2:00
<b>11</b> Quilting & Sewing 9:00-2:00 Crafts Reversible Table Runner 10:00-12:00	<b>12</b> AFEP 10:30-11:15 Advisory Board Mtg 11:30-12:15 Golden Girls Crocheting 11:30-2:00	<b>13</b> BINGO 11:00-12:00 Senior Café 12:00-1:00 BUNCO 12:00-2:00	<b>14</b> AFEP 10:30-11:00 Senior Café 12:00-1:00 Treats & Bingo Mania w/ education Seminar 12:30-2:00 NO Euchre	<b>15</b> Shut the Box Game 10:30-11:30 Senior Café 12:00-1:00 Deluxe Bunco 12:00-2:00
<b>18</b> Quilting & Sewing 9:00-2:00 Crafts Chemo Hats 10:00-12:00 Block's Farm Stand 12:00	<b>19</b> AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00	<b>20</b> BINGO 11:00-12:00 Senior Café 12:00-1:00 Birthday Wednesday 12:00-12:30 BUNCO 12:00-2:00	<b>21</b> AFEP 10:30-11:00 Book Club- Movie TBA 11:30-1:30 Senior Café 12:00-1:00 Euchre 12:00-2:00	<b>22</b> Shut the Box Game 10:30-11:30 Senior Café 12:00-1:00 Deluxe Bunco 12:00-2:00
<b>25</b> Quilting & Sewing 9:00-2:00 Crafts Toilet Paper Flowers 10:00-12:00	<b>25</b> AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00 Lunch Bunch 1pm	<b>27</b> BINGO 11:00-12:00 Senior Café 12:00-1:00 BUNCO 12:00-2:00	<b>28</b> AFEP 10:30-11:00 Senior Café 12:00-1:00 Euchre 12:00-2:00	<b>29</b> Shut the Box Game 10:30-11:30 Senior Café 12:00-1:00 Deluxe Bunco 12:00-2:00