

Lincoln Golden Ages

March- April 2025

Newsletter

Well, Phil the groundhog saw his shadow on Feb 2nd indicating that we will have six more weeks of winter...So "Hello Spring!" Let's shake off those wintry blues and get ready for a great spring!

Well again we had to push our Valentine Party to another date due to our weather, surprise! We hope everyone that was able to attend the Valentine's Party had a fun time. The soups, salads and desserts were yummy in our tummy.

St. Patrick's Day Party – March 21st 11:00 - 2:00pm. Please sign up as soon as possible so we can get a head count for food. Sign up sheet is located at the front where you sign in. You must pay your donation when you sign up and please include your phone number in case of changes.

March 9th – Daylight Savings Time (clocks spring forward)

March 17th – St. Patrick's Day

March 20th – First day of Spring

April 15th – Tax Day

April 20th – Easter

The center will be OPEN during the spring break when the school is closed March 24th- 28th and Easter April 18th- 22nd.

We do ask that if you have a cough, cold or just do not feel well to wear a mask when you come to the center or stay home till you are symptom free.

If you have not paid your dues (due by Jan 31st 2025) you are no longer an active member until you pay. This means you will not be able to participate in any center activities.

We thought it might be fun for everyone to wear green on Fridays during the month of March but not mandatory 🍀 just a little something fun to do...

Anita's Corner

I am so excited to tell you that the center has several new members that have recently joined. Let's make them feel welcome when you see them. Some may not be aware that the age to join the center has been changed to 50 years of age and you may know someone who would be interested in joining the center. Please send them our way. The center has purchased new chairs, we hope you like them.

We will be doing the Flower Sale and Crafters again this spring in May. More information is to come as it gets closer. If you are a "crafter" and would like to rent a table, please see Anita or Denise.

I would like to encourage all of our members to join us in our multiple activities. All our healthy exercise programs: Cardio Drumming, AFEP (Arthritis Foundation Exercise Program) & Chair Yoga are free to the members. Staying active helps keep the aches and pains away, as well as it helps to keep your mobility. I would like to thank Jim & Julie for the coffee donation.

Denise's Corner

I would like to encourage everyone to join us on Monday for our weekly "Crafts." Has everyone had an opportunity to check out the Lincoln Golden Ages Senior Center Facebook page? If not, please check it out.

We have multiple issues when we send the newsletter out via email. So, we encourage you to go to our site LincolnGoldenAges@lincolnk12.org. Once you have found the site, click on the three lines in the upper right corner. Once you click on the 3 lines another menu will drop down and you will see More Links. Click on Lincoln Golden Ages and it will open our site up. As you scroll down you will see [Newsletter](#) (in blue). Click on the word [Newsletter](#) and the Newsletter will open up for you. If you scroll further past that you will see the Calendar.

This will be the easiest way to see the Newsletter anytime.

Welcome New Members:

Louise & George S.	Tammy C.	Ken & Karen O.
Robin C.	Jim P.	Barbra B.
Louise B.	Keith & Monica B.	Lisa M.
Beverly Y.	Bill G.	Katherine T.
		Denise F.

BIRTHDAY CELEBRATION TIME !



March 2025		April 2025	
Jim Davis	4 th	Everlene Bennett	6 th
Charmaine Farrell	7 th	Judi Pustelak	11 th
Becky Najer	9 th	Allan Cassell	16 th
Don Bohley	11 th	Theresa Dugan	19 th
George Fletcher	14 th	Cath Howard	23 rd
Noelene Green	15 th	Robin Powell	26 th
Tammy Croxall	20 th	Don Straub	29 th
Colleen Croxall	23 rd		
Gloria Wanty	26 th		
Linda Fuller	27 th		



**BIRTHDAY
WEDNESDAY**

- **COME CELEBRATE**
We will have:

**CAKE & ICE CREAM
ON
March 26th
and
April 30th**



Reminders:

- 1. Check the front table area for any sign-up sheets for activities, trips, etc.**
- 2. Please use our “suggestion box” to give us input on anything you would like to see if we can implement or change.**
- 3. We have walkers and wheelchairs available for anyone in need.**
- 4. If you have any ideas for day trips we would love to hear them. Please place it in the suggestion box and our Trip committee will check out the details for us. We are looking for any members who would like to join our Trip Committee.**
- 5. We have members who have allergies and breathing problems, so we are asking our members not to wear heavy perfume or cologne to the center.**
- 6. We are asking all members to wear masks if you are not feeling well.**

Please check out the ACTIVITIES on the “CALENDAR” for time and dates. (the times and dates can change week to week and may vary during the upcoming months)

- 1. Quilting & Sewing – Mondays**
- 2. Crafts with Jean & Denise – Mondays**
- 3. Cardio-Drumming with Colleen – Tuesdays**
- 4. Arthritis Foundation Exercise Program (AFEP) -Tuesdays w/ Virginia (Free)**
- 5. Golden Girls Crocheting – Tuesdays**
- 6. Chair Yoga with Tammy – Wednesdays (Free)**
- 7. BINGO – Wednesdays**
- 8. BUNCO – Wednesdays**
- 9. Birthday Celebration – Last Wednesday of the month**
- 10. Arthritis Foundation Exercise Program (AFEP) – Thursdays w/ Bev (Free)**
- 11. Euchre – Thursdays**
- 12. Book Club – 3rd Thursday of the Month**
- 13. Deluxe BUNCO – Fridays w/ Gloria**
- 14. Red Hat Ladies – 1st Friday of the month**
- 15. Shut the Box game – Fridays**
- 16. **CHIMES** practice – Fridays**

Lincoln Golden Ages Seniors Staff

Director: Vacancy

Coordinator : Anita Vivian

Co- Coordinator: Denise Case

Chairperson: Bettie Talbert

Co-Chair: Maria Dewalt

Secretary: Mary Jane Instance

Treasurer: Mary Ford

Trustee: Denise Case

Alternate Board Members: Julie Davis, Laura Kidder, Donna Raymond

Newsletter Editor: Donna Raymond

Fundraiser Committee: Anita Vivian, Jean Bogue, Denise Case, Julie Davis, Mary Jane Instance, Laura Kidder, Donna Raymond, Bettie Talbert

Party Committee: Mary Jane Instance, Denise Case, Becky Courvoisier, Maria Dewalt, Laura Kidder, Donna Raymond, Anita Vivian, Mary Zitnik

Sunshine Committee: Noelene Green

Trip Committee: Bettie Talbert

NEWSLETTER SPONSORED BY:

The Lincoln Board of Education

Lincoln Golden Ages Seniors Program

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Ypsilanti, MI 48197

Established in 1984

Office : 734-218-4253

Email: LincolnGoldenAges@lincolnk12.org

Facebook: Lincoln Golden Ages Senior Center

Please note : the driveway for the LGAS center is off Willis Rd.

ST PATRICK'S DAY

WORD FIND

V T P B B A N S H E E N X E T U T M F B H E S
C L O V E R U O O N L A C I G A M R O O D Y K
W X C E L E B R A T E D U G X X V B J M D O S
E J B R O G U E Y V B S U N U A H C E R P E L
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LEPRECHAUN

DONNYBROOK

HIBERNIAN

CELEBRATE

LIMERICK

BANSHEE

FORTUNE

EMERALD GREEN

BAGPIPE

IRELAND

MAGICAL

BLARNEY

HOLIDAY

CLOVER

DUBLIN

CELTIC

BROGUE

LEGEND

IRISH

MARCH

GREEN

CHARM

COINS

HARP

LUCK

GOLD

JIG

BOG



April Fool's Day

P Q W M X P P D U D J P P G M N N W Q T I Z O V
 Y H O M E Q D P L R R T C W G U P Q J V E Q H E
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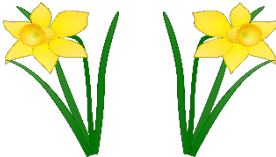


entertainment	outstanding	uneventful	sleepover	Saturday
exciting	peaceful	sleep in	awesome	parties
camping	weekend	friends	boring	Sunday
family	hectic	movies	chores	sports
Friday	short	pizza	work	home
rest				



Valentine's Party

Just a few of our photos....



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>3</div> Quilting & Sewing 9:00-2:00 Crafts Shamrock Pins 10:00-12:00	<div>4</div> NO Cardio Drumming AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00	<div>5</div> Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	<div>6</div> Party Comm. Meeting 9:30 – 10:30 AFEP 10:30-11:00 Euchre 12:00-2:00	<div>7</div> Red Hat Meeting 12:00 – 2:00 Remember to bring your nickels for LRC
<div>10</div> Quilting & Sewing 9:00-2:00 Crafts Shamrock Pins 10:00-12:00 Beaded Pens 11am	<div>11</div> Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Adv. Board Mtg 11:30-12:15 Golden Girls Crocheting 11:30-2:00	<div>12</div> Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	<div>13</div> Fundraiser Comm. Meeting 9:30 – 10:30 AFEP 10:30-11:00 Euchre 12:00-2:00	<div>14</div> Shut the Box game 10:00-11:00 Chime Practice 11:00-11:30 Deluxe BUNCO 12:00-2:00
<div>17</div> Quilting & Sewing 9:00-2:00 Crafts Kitchen Towel 10:00-12:00 St Patrick's Day 	<div>18</div> Randazzo's Trip Leave @1pm Cardio Drum 9:30-10:15 AFEP 10:30-11:15 G G Crocheting 11:30-2:00	<div>19</div> Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	<div>20</div> No Activities Party Set Up 1 st day of Spring 	<div>21</div> St. Patrick's Party 11:00-2:00 
<div>24</div> Quilting & Sewing 9:00-2:00 Crafts Stained Glass Sun Catcher 10:00-12:00	<div>25</div> Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00	<div>26</div> Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BIRTHDAY WEDNESDAY 12:00-12:30 BUNCO 12:30-2:00	<div>27</div> AFEP 10:30-11:00 Euchre 12:00-2:00	<div>28</div> Shut the Box game 10:00-11:00 Chime Practice 11:00-11:30 Deluxe BUNCO 12:00-2:00
<div>31</div> Quilting & Sewing 9:00-2:00 Crafts Spring Wreath 10:00-12:00				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TUESDAY Trip to Senior Expo Leaving at 9am SHARP!!	¹ April Fools' Day NO Cardio Drumming NO AFEP Golden Girls Crocheting 11:30-2:00	² Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	³ Fundraiser Mtg 9:30-10:30 AFEP 10:30-11:00 Euchre 12:00-2:00	⁴ Red Hat Meeting 12:00 – 2:00 Remember to bring your pennies for Red Hat Bingo
⁷ Quilting & Sewing 9:00-2:00 Crafts Jar Duck 10:00-12:00	⁸ Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Advi. Board Mtg 11:30-12:15 G G Crocheting 11:30-2:00	⁹ Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	¹⁰ Party Committee Mtg 9:30-10:30 AFEP 10:30-11:00 Euchre 12:00-2:00	¹¹ Shut the Box game 10:00-11:00 Chime Practice 11:00-11:30 'Deluxe BUNCO 12:00-2:00
¹⁴ Quilting & Sewing 9:00-2:00 Crafts Car Trash Can 10:00-12:00	¹⁵ Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00	¹⁶ Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	¹⁷ AFEP 10:30-11:00 Book Club 11:30 – 1:30 Euchre 12:00-2:00	¹⁸ Shut the Box game 10:00-11:00 Chime Practice 11:00-11:30 Deluxe BUNCO 12:00-2:00
²¹ Quilting & Sewing 9:00-2:00 Crafts Button Tree 10:00-12:00	²² Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00	²³ Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BUNCO 12:00-2:00	²⁴ AFEP 10:30-11:00 Euchre 12:00-2:00	²⁵ Shut the Box game 10:00-11:00 Chime Practice 11:00-11:30 Deluxe BUNCO 12:00-2:00
²⁸ Quilting & Sewing 9:00-2:00 Crafts Cardinal Block 10:00-12:00	²⁹ Cardio Drumming 9:30-10:15 AFEP 10:30-11:15 Golden Girls Crocheting 11:30-2:00	³⁰ Chair YOGA 9:30-10:30 BINGO 11:00-12:00 BIRTHDAY WED 12:30-12:30 BUNCO 12:00-2:00	